

## FUNCTIONAL ABILITIES

The FCE measures the functional abilities and limitations to perform physical demands. The clinical interpretations are a synthesis of the client's test scores, ability to work at a competitive rate, client effort, heart rate, clinical observations, medical contra-indications, tolerance and endurance.

FUNCTIONAL ABILITIES				
Activity	Test Results	Job Demand	Ability Rating	Match
Neck Flexion	90 %	n/a	No limitations	
Neck Rotation	(L):*WNL (R): *WNL	n/a	No limitations	
Hand Grip	(L): 24 % (R): 9 %	n/a	No limitations	
Pinch Grip	(L): 175 % (R): 49 %	n/a	No limitations	
Overhead Reach	(L): 80 % (R): 91 %	Occasional	(L): <b>Occasional</b> (R): <b>Occasional</b>	yes
Shoulder Reach	(L): 89 % (R): 83 % Sustained: 0 %	Occasional	(L): <b>Occasional</b> (R): <b>Occasional</b>	yes
Waist Reach	(L): 83 % (R): 85 % Sustained: 0 %	Occasional	(L): <b>Occasional</b> (R): <b>Occasional</b>	yes
Fine Dexterity	(L): 82 % (R): 83 %	Not Required	(L): <b>Occasional</b> (R): <b>Occasional</b>	n/a
Kneeling	Dynamic: 84 %	Occasional	<b>Occasional</b>	yes
Crouching	Dynamic: n/a/	Not Required	n/a	n/a
Bending	Dynamic: 91 %	Occasional	<b>Occasional</b>	yes
Walking	Short: 42 %	Occasional	<b>Occasional</b>	yes
Twisting	n/a	n/a	n/a	n/a
Pushing	Isometric: 13.0 lbs	Frequent Medium	<b>Sedentary</b>	no
Pulling	Isometric: 12.0 lbs	Rare Medium	<b>Sedentary</b>	no
Floor to waist lifting	Occasional: 12.0 lbs Frequent: 10.0 lbs Isometric Floor: 0.0 lbs	Occasional Sedentary	(O): <b>Sedentary</b> (F): <b>Light</b> (Iso):	yes
Waist to shoulder lifting	Occasional: 30.0 Frequent: 10.0 Isometric Waist: 0.0	Occasional Heavy	(O): <b>Light</b> (F): <b>Light</b> (Iso):	no
Floor to shoulder lifting	Occasional: 10.0 Frequent: 0.0 Isometric Shoulder: 0.0	Rare Light	(O): <b>Sedentary</b> (F): <b>Sedentary</b>	no
Carrying	Two hand: 45.0	Occasional Medium	Two hand: Medium	yes
Sitting	Sustained: 35 min Cumulative: 75 min	Rare	<b>Occasional</b>	yes
Standing	Sustained: 25 min Cumulative: 105 min	Occasional	<b>Occasional</b>	yes